the CHOPPING BLOCK

SUMMER 2009 KIDS' AND TEENS' CAMPS

Join us this summer for kids' or teen camps at the Chopping Block Lincoln Square.

Kids 7 to 11 years old have their choice of three different four-day **Kids' Camps,** featuring hands-on cooking and lots of eating! We will focus on following recipes, working cleanly and safely in the kitchen, and exploring new foods.

In our five-day **Teen Camps,** young teens ages 12 to 16 experiment hands on with simple yet sophisticated menus that they'll enjoy recreating at home. They will learn the basics of cooking and baking techniques, menu planning, and organizing prep work. Both camps start with a lesson in knife skills, and Day 5 features an Iron Chef competition!

The camps do not need to be taken sequentially. Registration is open now!

Enroll online or call (773) 472-6700 today!

Kids' Camp I: World Cuisines

1:30-3:30PM, JUNE 15-18, JULY 13-16, OR AUGUST 3-6 · $150

DAY 1: FRANCE · Quiche Lorraine, Herbed Roasted Potatoes and Cream Puffs
DAY 2: MEXICO · Guacamole, Chicken Tacos, Refried Beans, "Fried" Ice Cream
DAY 3: CHINA · Crab Rangoon, Chicken Fried Rice, Almond Cookies
DAY 4: ITALY · Homemade Pasta, Fettucini Alfredo, Garlic Bread and Individual Fruit Crostata

Kids' Camp II: All-American Cooking

1:30-3:30PM, JUNE 22-25, JULY 20-23, OR AUGUST 10-13 · $150

DAY 1 · French Toast with Blueberries, Cheddar Cheese Scrambled Eggs, Bacon
DAY 2 · Sloppy Joes, Potato Wedge Fries, Brownie Ice Cream Sundaes
DAY 3 · Oven-Fried Chicken, Mashed Potatoes, Baked Macaroni and Cheese
DAY 4 · Chicago-Style Pizza, Caesar Salad, "Cub" Cakes

Kids' Camp III: Breakfast to Bedtime

1:30-3:30PM, JULY 7-10, JULY 27-30, OR AUGUST 17-20 · $150

DAY 1: BREAKFAST · Spinach and Cheese Egg Crepes, Hash Browns, and Dutch Apple Pancake
DAY 2: LUNCH · Panini, Italian Wedding Soup, Amaretti Cookie Ice Cream Sandwiches
DAY 3: DINNER · Mini Meatloaves, Potatoes au Gratin, Fruit Cobbler
DAY 4: SNACK TIME · Pigs in a Blanket, Pizza Bites, Chocolate Chip Cookies, Puppy Chow

Teen Camp I

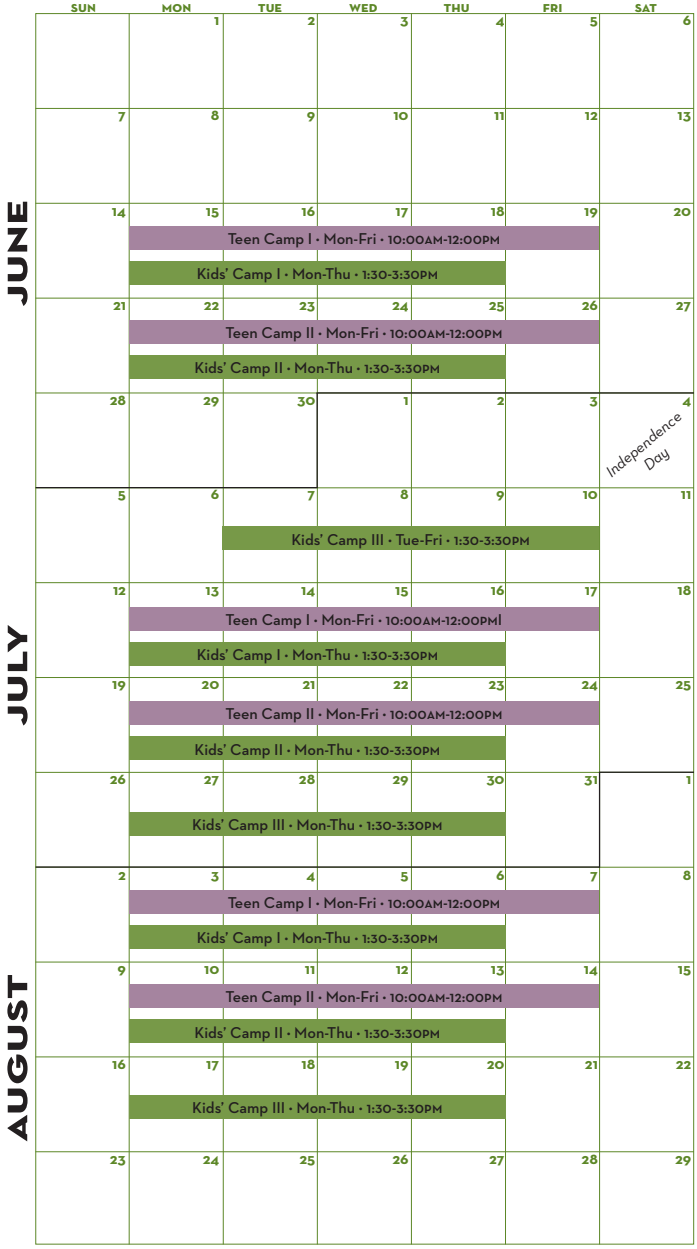
10AM-12PM, JUNE 15-19, JULY 13-17, OR AUGUST 3-7 · $175

DAY 1 · Knife Skills, Spanikopita, Roasted Chicken Legs, Greek Salad
DAY 2 · Guacamole, Fish Tacos, Refried Beans, Mexican Rice
DAY 3 · Fried Chicken, Green Bean Casserole, Old-Fashioned Apple Pie
DAY 4 · Homemade Sushi and Green Tea Ice Cream
DAY 5 · Iron Chef Competition

Teen Camp II

10AM-12PM, JUNE 22-26, JULY 20-24, OR AUGUST 10-14 · $175

DAY 1 · Knife Skills, Vegetable Strata, Fruit Salad, Pecan Blondies
DAY 2 · Mini Meatloaves, Baked Macaroni and Cheese, Grilled Vegetables, Chocolate Pudding
DAY 3 · Croque Monsieur, French Onion Soup, Tossed Salad with Vinaigrette, Classic Creme Brulee
DAY 4 · Homemade Pasta, Ricotta Ravioli, Marinara Sauce, Caprese Salad, Individual Peach Crostatas
DAY 5 · Iron Chef Competition



PARENTS AND GUARDIANS, PLEASE CHECK YOUR KIDS IN PROMPTLY FOR CLASS AND RETURN TO PICK THEM UP AFTER CLASS.
1-WEEK NOTICE REQUIRED TO CANCEL ENROLLMENT IN ANY CLASS. ALL CLASSES SUBJECT TO CANCELLATION OR RESCHEDULING.

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