

# SUMMER 2010 KIDS' CAMPS

Join us this summer for kids' or teen camps at the Chopping Block in Lincoln Square.

Kids 7 to 11 years old have their choice of three different four-day **Kids' Camps**, featuring hands-on cooking and lots of eating! We will focus on following recipes, learning about ingredients, working cleanly and safely in the kitchen, and exploring new foods.

The camps do not need to be taken sequentially. Registration is open now!

**Enroll online or call (773) 472-6700 today!**

## Kids' Camp I: World Cuisines

\$150 • 1:30-3:30PM

JUNE 7-10 • JUNE 14-17 • JULY 6-9 • JULY 26-29 • OR AUGUST 16-19

### DAY 1: FRANCE

Quiche Lorraine, Herbed Roasted Potatoes and Cream Puffs

### DAY 2: MEXICO

Guacamole, Chicken Tacos, Refried Beans, "Fried" Ice Cream

### DAY 3: CHINA

Crab Rangoon, Chicken Fried Rice, Almond Cookies

### DAY 4: ITALY

Homemade Pasta, Fettucini Alfredo, Garlic Bread and Fruit Crostata

## Kids' Camp II: All-American Cooking

\$150 • 1:30-3:30PM

JUNE 21-24 • JULY 12-15 • AUGUST 2-5 • OR AUGUST 23-26

### DAY 1: RISE 'N' SHINE

French Toast with Blueberries, Cheddar Cheese Scrambled Eggs, Bacon

### DAY 2: DINER DELIGHT

Sloppy Joes, Potato Wedge Fries, Brownie Ice Cream Sundaes

### DAY 3: COMFORT FOOD

Oven-Fried Chicken, Mashed Potatoes, Baked Macaroni and Cheese

### DAY 4: TASTE OF CHICAGO

Chicago-Style Pizza, Caesar Salad, "Cub" Cakes

## Kids' Camp III: Breakfast to Bedtime

\$150 • 1:30-3:30PM

JUNE 28-JULY 1 • JULY 19-22 • AUG. 9-12 • OR AUG. 30-SEPT. 2

### DAY 1: BREAKFAST

Spinach and Cheese Egg Crepes, Hash Browns, and Dutch Apple Pancake

### DAY 2: LUNCH

Panini, Italian Wedding Soup, Amaretti Cookie Ice Cream Sandwiches

### DAY 3: DINNER

Mini Meatloaves, Potatoes au Gratin, Fruit Cobbler

### DAY 4: SNACK TIME

Pigs in a Blanket, Pizza Bites, Chocolate Chip Cookies, Puppy Chow

SUN	MON	TUE	WED	THU	FRI	SAT
<b>JUNE</b>						
6	7	8	9	10	11	12
		KIDS' CAMP I MONDAY-THURSDAY 1:30-3:30 PM				
13	14	15	16	17	18	19
		KIDS' CAMP I MONDAY-THURSDAY 1:30-3:30 PM				
20	21	22	23	24	25	26
		KIDS' CAMP II MONDAY-THURSDAY 1:30-3:30 PM				
27	28	29	30	<b>JULY</b>		
		KIDS' CAMP III MONDAY-THURSDAY 1:30-3:30 PM				
4	5	6	7	8	9	10
INDEPENDENCE DAY		KIDS' CAMP I MONDAY-THURSDAY 1:30-3:30 PM				
11	12	13	14	15	16	17
		KIDS' CAMP II MONDAY-THURSDAY 1:30-3:30 PM				
18	19	20	21	22	23	24
		KIDS' CAMP III MONDAY-THURSDAY 1:30-3:30 PM				
25	26	27	28	29	30	31
		KIDS' CAMP I MONDAY-THURSDAY 1:30-3:30 PM				
<b>AUGUST</b>						
1	2	3	4	5	6	7
		KIDS' CAMP II MONDAY-THURSDAY 1:30-3:30 PM				
8	9	10	11	12	13	14
		KIDS' CAMP III MONDAY-THURSDAY 1:30-3:30 PM				
15	16	17	18	19	20	21
		KIDS' CAMP I MONDAY-THURSDAY 1:30-3:30 PM				
22	23	24	25	26	27	28
		KIDS' CAMP II MONDAY-THURSDAY 1:30-3:30 PM				
29	30	31	1	2	3	4
		KIDS' CAMP III MONDAY-THURSDAY 1:30-3:30 PM		<b>SEPTEMBER</b>		

PARENTS AND GUARDIANS, PLEASE CHECK YOUR KIDS IN PROMPTLY FOR CLASS AND RETURN TO PICK THEM UP AFTER CLASS.

1-WEEK NOTICE REQUIRED TO CANCEL ENROLLMENT IN ANY CLASS. ALL CLASSES SUBJECT TO CANCELLATION OR RESCHEDULING.

# SUMMER 2010 TEEN CAMPS

Join us this summer for kids' or teen camps at the Chopping Block in Lincoln Square.

In our five-day **Teen Camps**, young teens ages 12 to 16 experiment hands on with simple yet sophisticated menus that they'll enjoy recreating at home. They will learn the basics of cooking and baking techniques, menu planning, and organizing prep work. All camps start with a lesson in knife skills, and Day 5 features an Iron Chef competition!

The camps do not need to be taken sequentially. Registration is open now!

**Enroll online or call (773) 472-6700 today!**

## Teen Camp I

\$175 • 10:00AM – 12:00PM

JUNE 7-11 • JUNE 14-18 • JULY 5-9 • JULY 26-30 • OR AUGUST 16-20

**DAY 1:** Knife Skills, Spanikopita, Roasted Chicken Legs, Greek Salad

**DAY 2:** Guacamole, Fish Tacos, Refried Beans, Mexican Rice

**DAY 3:** Fried Chicken, Green Bean Casserole, Old-Fashioned Apple Pie

**DAY 4:** Homemade Sushi and Green Tea Ice Cream

**DAY 5:** Iron Chef Competition

## Teen Camp II

\$175 • 10:00AM – 12:00PM

JUNE 21-25 • JULY 12-16 • AUGUST 2-6 • OR AUGUST 23-27

**DAY 1:** Knife Skills, Vegetable Strata, Fruit Salad, Pecan Blondies

**DAY 2:** Mini Meatloaves, Baked Macaroni and Cheese, Grilled Vegetables, Chocolate Pudding

**DAY 3:** Croque Monsieur, French Onion Soup, Tossed Salad with Vinaigrette, Classic Creme Brulee

**DAY 4:** Homemade Pasta, Ricotta Ravioli, Marinara Sauce, Caprese Salad, Peach Crostatas

**DAY 5:** Iron Chef Competition

## Teen Camp III

\$175 • 10:00AM – 12:00PM

JUNE 28-JULY 2 • JULY 19-23 • AUG. 9-13 • OR AUG. 30-SEPT. 3

**DAY 1—THAILAND:** Knife Skills, Shrimp and Mango Spring Rolls, Tom Kha Ghai (Chicken and Coconut Milk Soup), Tofu Pad Thai

**DAY 2—NEW ORLEANS:** Crab Cakes with Remoulade Sauce, Chicken Jambalaya, Bananas Foster Crepes

**DAY 3—INDIA:** Aloo Paratha (Potato-Stuffed Flatbread), Chicken Tikka Masala, Spiced Rice with Currants and Cashews

**DAY 4—ITALY:** Caesar Salad with Homemade Croutons, Neapolitan Pizzas, Chocolate Tiramisu

**DAY 5:** Iron Chef Competition

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